



Pekingese and Japanese Chin Rescue and Re-homing

# PNC Newsletter

## Another Good Year

As another year draws to a close, we would like to reflect on all the wonderful people we work with in rescue — from our very dedicated foster care providers, to our volunteers, to all the people who have adopted animals from us, to the impound facilities and humane societies that we work cooperatively with, to other rescue groups who we work along side, to the wonderful veterinarians who work with our program, to all the good Samaritans who help animals in need, and the list goes on and on.

It takes a lot of people to make Peke N Chin Midwest successful in our mission to save as many animals as we can. Not only do we rescue and adopt out animals, we spend a substantial amount of time educating people on proper animal care and providing resources to them.

A heartfelt Thank You to all who have touched the lives of animals we have rescued ... and the ones to come.

## Your Legislature

Peke N Chin Midwest continues to rescue horribly neglected and sick dogs from puppy mills. Unfortunately, the Midwest area is among the top states for these cruel breeding facilities. This is not a new problem, just an increasing one. Please contact your State Senator and Representative to voice your concerns and to ask them to improve and support animal welfare and anti-cruelty laws.

Insist that bills require registration, licensing and inspections of larger breeders in Minnesota. The owners will be required to comply with certain care standards, among other things, if they want to continue operating.

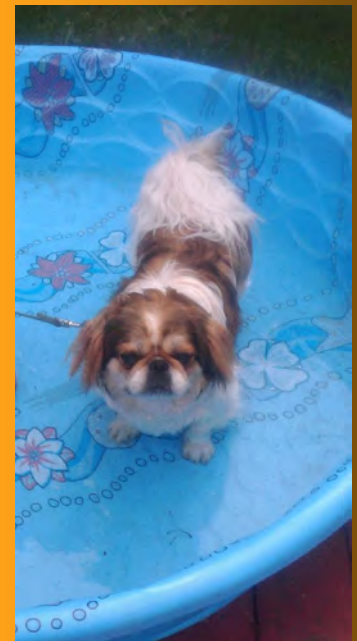
Get involved. Please support this important effort. Contact your own State Senator and Representative today!

## Special articles in our newsletter

- *Message from Regi Goodhall*
- *Prince's Makeover!*
- *3rd Annual Pet Fest*
- *Foods to Avoid Feeding your Dog*

## Hope you all had a great summer!

- Mike, the water-lovin' Peke



## Message from Regi Goodhall

### Our Board of Directors:

Heidi Eckers

President

[h\\_eckers@hotmail.com](mailto:h_eckers@hotmail.com)

Russell Goodhall

Vice-President

[regig@wiktel.com](mailto:regig@wiktel.com)

Regina Goodhall

Treasurer

[regig@wiktel.com](mailto:regig@wiktel.com)

### Our Website:

[www.pncmidwest.org](http://www.pncmidwest.org)



At the beginning of 2009, Peke N Chin Midwest (PNC) underwent some organizational restructuring due to vacancies in its Board of Directors and, as such, needed to re-elect qualified successors. In order for PNC to continue to operate as a not-for-profit organization, it requires at least three members to be part of the Board of Directors. This issue had waited in the wings for a while, but since July 1<sup>st</sup> a new board was established with Heidi Eckers as President, Russ Goodhall as Vice President and Regi Goodhall as Secretary and Treasurer. Though this is a leaner board, PNC's main purpose and goal remains the same – rescuing and rehoming dogs. Major functions include acquiring and providing medical treatment to new dogs, verifying and approving acceptable adoptions applications, and arranging transport for dogs coming into rescue and/or going to their new homes.

Non-board volunteers assist with various administrative and non-administrative duties such as, but not limited to, home fostering, transportation of dogs, checking character references, personal interviewing and home visits, online research, maintaining the organization's website, updating the Petfinder homepage, publishing and issuing the organization's newsletter, and fundraising.

As our new President, Heidi Eckers brings a wealth of dog expertise to Peke N Chin Midwest. Her experience includes having shown Pug dogs in the ring and rescuing dogs on her own. Heidi has attended several Missouri dog auctions in an effort to take as many breeding dogs out of "circulation" as she can and placing them with PNC, as well as other rescue groups. Currently, Heidi works closely with several of PNC's foster homes, and has taken on the task of fostering and assisting rescued pregnant puppy mill dogs

through the whelping stage. She is currently studying to become a Certified Veterinary Technician and is currently taking steps to being accepted into Vet school.

Russ Goodhall has always been a huge supporter and active member of rescue, which makes him qualified to assume the position as Vice President. Russ has driven thousands of miles moving rescued dogs all over the States and into parts of Canada. He serves as a sounding board for new ideas and will hold his position until the future direction of PNC becomes clearer. The economic challenges of the past year have brought changes to rescue, and we need to see how this will impact the potential operations of Peke N Chin Midwest.

Trips to auction sales have certainly brought awareness about the extent rescue is needed, and PNC has opened up to the opportunity of working with other small breeds. Pekingese are almost a specialized breed as far as placement requirements are concerned and, therefore, do not move quickly. Because a large Japanese Chin Rescue now exists in the state area, our need to serve that breed is not as great as it was 4 years ago. Accepting a few young dogs of other breeds helps keep our fosters active, brings a renewed interest to our organization, and continues the basic goal of saving dogs.

*Regi Goodhall  
Co-founder  
Secretary and Treasurer*



## Our Forever Fosters - Ebineezer



Ebineezer was a 10 year old Pekingese that was added to our Forever Foster Program over the summer. We were not sure of his history. We think he may have been a former "mill dog", if not, he was certainly neglected. Ebineezer was heartworm positive and his condition was guardedly treatable. Due to his extremely poor body weight condition of a mere 7 pounds, treatment would have needed to be slow and gradual.

We first did blood tests to see if there was any underlying kidney or liver problems - two indicators were higher than normal, but not outrageous so we put him on doxycycline to kill the bacteria that live in the worm's intestines. He gained some weight so we went the next step and had an x-ray done of his heart to get a better idea of the success rate for heart worm treatment. The heart was distorted as one would expect from long-term heart worm infestation - that decreases the chance of success.



The x-ray also showed that the last 2 discs in his back were completely gone and the ball of each femur was severely degraded, which can happen from impeded blood supply. The more we watched him, the more apparent it was that he was in constant pain. The pain could have been managed with medication, but it would never improve. His hind legs easily slipped out from underneath him and that had to have hurt even if he didn't cry out.

Ebineezer was spoiled for the next couple of days pending his appointment on a Monday that was to end the suffering he'd endured. Despite the intolerable pain felt daily by this sweet little dog, Ebineezer was a great little trooper who brought joy and hope to those who cared for him.

Rest in peace little angel.

### A happy story

*Here's a cute update from the mother of an adopted former mill dog, Emmy, who was once a very shy and fearful little girl.*

Hi. Just a short note... I had surgery on my right hand last Thursday and my baby is looking after me. Em won't leave my side. Wherever I am, she is beside me - even in the bathroom. When someone is here and ready to leave, she walks them to the door and sits on the floor beside me until they leave. My cousin, Linda, was over to put my earrings in and Emmy paced the floor beside us to make sure I wasn't being hurt. She is soooooo cute and looking after her mama real well. She is amazing. I can't believe how she watches over me!

Take care,

Kathy and Emmy.



# Prince's Makeover! Reported by Heidi Eckers

Thought I'd let everybody appreciate the beginning of Prince's transformation!

Prince was relinquished by a puppy mill in Illinois. He and 29 other dogs were in too rough of shape to sell at auction. His teeth are of course rotten. He has a giant cyst on his right front leg. His entire body was covered in mats including this his mane, which was basically one mat all the way from ear to ear under his poor little chin.

He was a real trooper though; he spent 2 hours on the grooming table. After the shave down, he got a bath. He actually enjoyed it! Then, while wrapped in a towel on my lap he fell asleep and was snoring away. It's been awhile since seeing a dog for the first time made me cry, but he did. He's going to be in my heart forever.

Update: Prince is now available for adoption. All his bad teeth needed to be removed, but he can still chow down with the best of them! He had a giant cyst removed from his right front leg, and luckily it wasn't Cancer. Prince's surgeries were very expensive, and we are hoping that people will consider sponsoring him until a good home can be found.

As you know, Peke N Chin Midwest relies solely on generous donations from the public to help us with our rescue efforts of saving and treating dogs in need. Our address to mail a tax-deductible donation is:

Regina Goodhall  
Peke N Chin Midwest  
12298 - 139th Avenue NE  
Thief River Falls, MN 56701



## An Adoption Success Story

On February 6, 2008 my husband and I lost our best friend and little pal, Missy. Missy was a Lhasa Apso/Terrier cross dog. She had been with us for 14 years and 2 months. Missy was a very sick little girl at the end, and our hearts were broken. We missed her terribly, I especially.

Over the next year, I wasn't sure if I would ever get another dog. But as I sat by myself by the fireplace on those cold winter days, I realized my home was missing a presence. Well, maybe I would get another dog... definitely a female, and I am going to call her "Olivia". (We always watch "Law and Order Special Victims Unit" and the actress Mariska Hargitay who plays Olivia impressed me a lot.)



In the past year, I had come to know a gal, Barb, in the area who worked with animal rescue. So I made some enquires about dogs needing a home. I gave her my email address and she began sending me photos now and again of animals that had been rescued and needed a home. I would look at them and pass them over saying, "I am not ready yet." Then one day I got a picture of this little dog rescued from a puppy mill. She sat there on someone's lap pregnant with 5 puppies and looking so sad. I just cried. I loved her the minute I saw her. I contacted my rescue friend Barb and said I want that little girl. Well, I found out she first had to have her puppies, wean them, and then have her spay surgery. I wanted to hug her. In the meanwhile, I reread everything Barb sent me and realized the dog's name was "Olivia". I was so thrilled! I knew it was meant to be. I completed the necessary paper work of which there was no shortage, but I didn't care. I waited anxiously and finally on July 13, 2009 at 9:30 p.m. at Pembina, ND, I picked up my Olivia. She was exhausted and stressed out from her journey. I held her close and, as we drove home, I felt her little body relax slowly until her little head just fell over to the side and she was asleep.

She is a very clean sweet little dog. We go for 2 or 3 walks everyday. Her muscle tone is strong now, her coat has improved, and she looks great. I was told initially she was 3 years old, but I believe if the paper work is correct from where she was rescued, she will be 6 years in November 2009. My husband and I just adore this little dog.



I took her to a pet store shortly after I got her. She got so happy and excited when she heard all the barking and bird sounds. That was the most emotion she had demonstrated in her first 2 weeks here. I kind of felt bad for her because I realized she missed her old pals and her own kind. I make a point now of visiting Barb's brood of boys (rescue dogs) and Berda's Daisy May. I wanted Olivia to have a social life as in her prior life when she had her dog mates and memories.

Animals, like people, that have lived in tough situations and less than optimum conditions are strong skillful survivors. I watch Olivia when she is uncertain or fearful and she is a very smart dog with wise survivor behavior. I respect that. If she seems stubborn and won't listen, she is just waiting and assessing the situation. She will not respond to any, even mildly, aggressive tone of voice or training. (Good for her!) She is happy and playful now with no worries in the world. My home is full of hidden dog bones and toys again. I feel better now.

I don't know what she encountered before or who she left behind but I just love my little cuddle bug and I know somebody up there sent her to us.

Keep up the good work. Thank you to all the kind hearted loving caretakers of these creatures great and small.

Princess Olivia's roommates, Val and Clarence.





Peke N Chin Midwest would like to acknowledge and send a huge "Thank You" to Dr. Carey and her crew at the Carey Animal Clinic in New Lenox, IL.

Dr. Carey is devoted to the Pekes and does a good job vetting them at a very reasonable rescue rate. Dr. Carey has also donated some vetting on several dogs to help Peke N Chin with their mission - a HUGE HELP!

Please take the time to send a thank you note to Dr. Carey at:

Carey Animal Clinic  
278 E Haven Ave Ste 1  
New Lenox, IL 60451  
815-462-2731

The 3<sup>rd</sup> Annual Pet Fest as part of the Minnesota Renaissance Festival was a terrific opportunity to meet and educate the public. The most effective way to eliminate the puppy mill industry for instance is to *educate the public*; bringing awareness to the reality that if you buy a puppy from avenues such as *pet stores, Internet websites or from newspaper ads* then you are perpetuating the ongoing suffering of puppy mills. We had a few of our adoptable dogs available for people to meet, and we mingled with other rescue groups. The "Ren Fest" has always had a reputation for being dog friendly and a majority of the attendees brought their dogs with them. It was a fun day of barking, playing, laughing and visiting. Peke N Chin will surely make attending this event a yearly priority!

-Heidi Eckers



Amigo, a dog with a curly coat, lived next door to Zest who had tall, pointy ears. One crisp fall day, they were talking. "Hey, Amigo. Why are you outside so much now?" Amigo sighed, and rested his chin on his paws, "It all started with the arrival of the human stress toy." Zest's ears perked up, "You mean the baby?" she asked. At the word baby, Amigo closed his eyes and rolled onto his side. "I remember that day so clearly. Everyone arrived home from being away for awhile, and they were all very excited, as was I. As I put my paws on my human to lick her face, a whole bunch of crazy actions that I did not understand happened. There was a very unfamiliar smell. She yelled and turned away, and the other humans yelled and one grabbed me and put me outside. After that, every time I approached the baby to check it out, or I tried to play with anyone or even play with any of the new toys that had arrived, I'd end up out here."

Zest listened quietly, settling herself down in the cool grass alongside the fence. Her experience with the arrival of a new baby at her house had been quite different. Although things had recently changed a lot, some had changed for the better. She now had a space of her own in the house, and most evenings she had one-on-one time with her humans. Sometimes when the baby was making stressful sounds, Zest worried and paced, and some of the new toys had seemed very strange and even scary to her.

By Juli Wilson

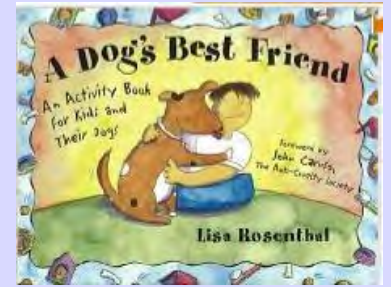
However, under the watchful guidance from her humans she was learning to accept the changes in routine and rules.

She worried for Amigo – what would happen when the weather turned cold?

There is Help! Would you like to know more about how to work with, and keep the Amigos and Zests' in your life even with the upcoming arrival of a new family member? Dogs and Storks is a canine re-education program that helps expecting families prepare dogs for the arrival of a new baby.

Think it will all be OK? Think again. Dogs bite about 4.7 million people a year in the U.S. About 80% are children, according to the American Veterinarian Medical Association. For the first time, when a new baby arrives many dog owners are seeing their pet as an animal and are concerned about their new baby, even if "the dog has never bitten anyone".

Check out their site:  
[www.dogsandstorks.com](http://www.dogsandstorks.com)



## A Dog's Best Friend

This guidebook helps children establish friendships with their dogs and develop responsibility by caring for them. The introduction for parents discusses things to consider before bringing a dog home, how to choose the right one for your family, foster dog care as a preliminary tryout, and more. The main text covers puppy care, "creature comforts," safety, food, games, and projects. More than 60 activities including crafts, recipes, and games are suggested as are helpful hints to make vet visits and travel with pets easier. Concluding sections have an extensive reading list; resources including Web sites, organizations, and a list of hotels that welcome pets; and a bibliography. Scattered throughout the book are "Paws for Thought," boxed sections with factual tidbits about canine pets. A real treat for dogs and their kids.

*Kate Kohlbeck,  
Randall School,  
Waukesha, WI*

# Foods to Avoid Feeding Your Dog

*Veterinary & Aquatic Services Department, Drs. Foster & Smith*

Items to avoid	Reasons to avoid
Alcoholic beverages	Can cause intoxication, coma, and death.
Baby food	Can contain onion powder, which can be toxic to dogs. (Please see onion below.) Can also result in nutritional deficiencies, if fed in large amounts.
Bones from fish, poultry, or other meat sources	Can cause obstruction or laceration of the digestive system.
Cat food	Generally too high in protein and fats.
Chocolate, coffee, tea, and other caffeine	Contain caffeine, theobromine, or theophylline, which can be toxic and affect the heart and nervous systems.
Fat trimmings	Can cause pancreatitis.
Grapes and raisins	Contain an unknown toxin, which can damage the kidneys. There have been no problems associated with grape seed extract.
Human vitamin supplements containing iron	Can damage the lining of the digestive system and be toxic to the other organs including the liver and kidneys.
Large amounts of liver	Can cause Vitamin A toxicity, which affects muscles and bones.
Macadamia nuts	Contain an unknown toxin, which can affect the digestive and nervous systems and muscle.
Milk and other dairy products	Some adult dogs and cats do not have sufficient amounts of the enzyme lactase, which breaks down the lactose in milk. This can result in diarrhea. Lactose-free milk products are available for pets.
Moldy or spoiled food, garbage	Can contain multiple toxins causing vomiting and diarrhea and can also affect other organs.
Mushrooms	Can contain toxins, which may affect multiple systems in the body, cause shock, and result in death.
Onions and garlic (raw, cooked, or powder)	Contain sulfoxides and disulfides, which can damage red blood cells and cause anemia. Cats are more susceptible than dogs. Garlic is less toxic than onions.
Pits from peaches/plums	Can cause obstruction of the digestive tract.
Potato, rhubarb, and tomato leaves; potato and tomato stems	Contain oxalates, which can affect the digestive, nervous, and urinary systems. This is more of a problem in livestock.
Raw eggs	Contain an enzyme called avidin, which decreases the absorption of biotin (a B vitamin). This can lead to skin and hair coat problems. Raw eggs may also contain <i>Salmonella</i> .
Raw fish	Can result in a thiamine (a B vitamin) deficiency leading to loss of appetite, seizures, and in severe cases, death. More common if raw fish is fed regularly.
Salt	If eaten in large quantities it may lead to electrolyte imbalances.
Sugary foods	Can lead to obesity, dental problems, and possibly diabetes mellitus.
Table scraps (in large amounts)	Table scraps are not nutritionally balanced. They should never be more than 10% of the diet. Fat should be trimmed from meat; bones should not be fed.
Yeast dough	Can expand and produce gas in the digestive system, causing pain and possible rupture of the stomach or intestines.



# Carrot Cakes

- 1 large carrot or 2 small carrots
- 1 tbsp. baking powder
- 1 cup whole wheat flour
- 1/2 cup wheat germ
- 3 tbsp. molasses
- 1/4 cup maple syrup
- 1/2 cup milk
- 1/2 cup oats
- 1/3 cup sugar
- 1 egg
- 1 1/2 tbsp. olive oil
- 1/2 tsp. cinnamon

Preheat oven to 375. Combine dry ingredients in a large bowl. In a small bowl combine the other wet ingredients together. Put the batter in a small greased cup cake pan, for 15 to 20 min. Take out of oven to cool. Store in the fridge in an airtight container. For an extra treat you can spread some cream cheese on the top of a muffin when you serve it.



**“My therapy is quite simple: I wag my tail and lick your face until you feel good about yourself again.”**

## Flea Hater's Dog Biscuits

*Brewers yeast is a natural anti-flea remedy.*

Makes about 5 dozen bone biscuits

- 1 cup flour
- 1/4 cup wheat germ
- 1/4 cup brewer's yeast (available at health-food stores)
- 1 teaspoon salt
- 1 tablespoon plus 1 1/2 teaspoons vegetable oil
- 1 clove garlic, chopped medium, or 1 teaspoon powdered garlic (optional\*\*)
- 1/2 cup chicken stock plus 3 tablespoons for basting

1. Heat oven to 400 degrees. Line a sheet pan with parchment paper. Mix flour, wheat germ, brewer's yeast, and salt together in a medium bowl. In a mixing bowl, combine oil and garlic. Alternately add 1/2 cup chicken stock and flour mixture in 3 parts; mix until well combined. Knead about 2 minutes by hand on floured surface; dough will be sticky.

2. On a lightly floured surface, roll dough out about 3/8 inch thick. Cut out bone shapes; place on prepared baking sheet. Bake 10 minutes, rotate baking sheet, and baste with remaining 3 tablespoons chicken stock. Bake 10 minutes longer. Turn off oven, leaving oven door closed. Leave pan in oven for 1 1/2 hours longer.

\*\*Garlic and Onions can be toxic to dogs. Typically the problem is with large quantities not "seasoning portions". You should seek the advice of your veterinarian to find out if any garlic use is appropriate for your pet. If in doubt, leave the ingredient out.

NOT IN MY BACKYARD! by Dale Taylor July 19, 2001 <http://NotInMyBackyard.com>





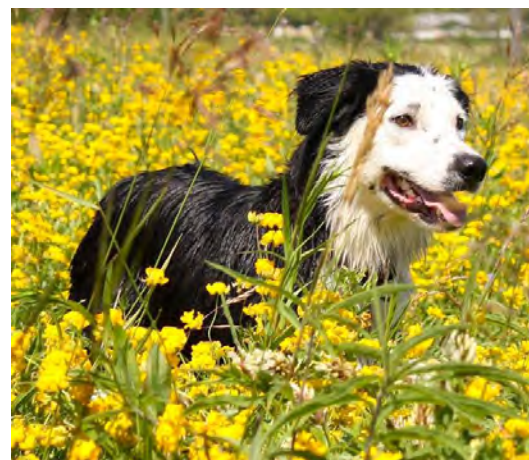


Here is a picture of Popeye sitting on my end table looking out the window. My sister drove by the front of my house and saw Popeye from the street and took this picture. She was outside, he's inside looking out. I love my dog!

Rose Sorini (PNC Rescue Volunteer)

Auntie Gracie is thrilled to welcome Baby Lucy to Thunder Bay, Ontario - the first Peke N Chin adoption she can claim responsibility for!

Ann Kajander, Adopter and PNC Supporter



Have to enjoy these great pictures of Border Collies rescued by Sally Hull of Hull's Haven Border Collie Rescue outside of Winnipeg, Manitoba in Canada. Last weekend we helped move the speckled one and the brown one up north from KY. Are these a batch of happy looking dogs, or what?

Regi Goodhall



*"The dog is the only animal that has seen his god."*

*~Author Unknown*



## Dog Fact

The common belief that dogs are color blind is false. Dogs can see color but it is not as vivid a color scheme as we see. It is much like our vision at twilight.

### *Joke of the Day:*

What do you call a happy Lassie?

A jolly collie!



We can't do it alone...  
We need your help.

Hosting a special event for animals is a fun way for individuals, schools, organizations and companies to raise much needed funds for Peke N Chin Midwest or other animal rescue organization or shelter in your area.

- Garage Sale
- Birthday Money
- Car Washes
- Silent Auctions
- Bake/Craft Sales
- Casual Day at Work

How you can help us

*Send us  
a PNC  
Success  
story!*

Is your dog the best dog in the World? Is he the funniest? Smartest? Or most affectionate? Does he light up your life every single day? Share your happy, touching, and memorable moments with us. We want to know what joy your special little canine friend that you adopted from us brings into your life!

Send us your story and photos and we will feature it in our next Newsletter or website.

*Please send to Ginette Manaique at [gmanaique@shaw.ca](mailto:gmanaique@shaw.ca)  
Stories may be edited for length and content.*





Want to say Hello?

Send us a letter, an email  
or give us a call!

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Please don't hesitate to  
make copies of our  
newsletter to share with  
friends and for the office.

Publication designer:  
Ginette ManaiGRE  
gmanaiGRE@shaw.ca

# Gifts of Love

Every day we rescue and accept dogs that would have nowhere else to go. Thank you to the following individuals who have helped support us through their generous donations:

On behalf of our dogs



Christine Grimaldi  
Sue Auger  
Mary Pflanz  
Jason Murray  
Judy Wilkinson  
Mary and Garry Kinney

And a huge Thank You to all our current fosters. They continually give extra for the dogs in their care without asking PNC for payment. Their dogs have good food, new collars, dog treats and beds. Some are able to treat one dog for heartworm on their own. These are donations to PNC worth mentioning because these families keep the dogs safe, comfortable, healthy and happy.

## WE THANK YOU!

You Shop, We Win!  
Help our cause for free.



Choose us as your favourite cause and every time you shop online at over 680 brand name stores, a portion of each purchase will be donated to us! You would be helping us save more dogs! Simply log on to our site and go directly to the iGive icon... the rest is easy!

